



*You're
Invited*

Tuesday November 15, 2016

6:00 – 7:00 PM

Cooking Class

“The Mighty Spud”

Learn different ways to make this favorite comfort food, the humble potato.

Preregistration requested by Monday, November 14th.

\$5.00 pp/\$8.00 per couple/\$10.00 per family

Taste samples and recipes included.

Rocky Mount Lifestyle Health Center

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(across from the Armory & DMV)